

How to be a Good Volunteer



Varsity in Volunteerism

- **Started at Sedro-Woolley High School in January 2012**
- **Now has chapters at Concrete and Burlington-Edison High Schools**



What is Volunteerism?

“The policy or practice of volunteering one’s time or talents for *charitable, educational, or other worthwhile activities*, especially in one’s community.”



Why volunteer?

Help out your community

Gain work
experience

Feel good

Have fun!

Get to know
your home

Make new
friends

Learn something new



Finding Opportunities

- What are your interests?
- What skills do you have or want to have?
- Find an opportunity that interests you and involves a skill you have or want to have.



Volunteer Resources

- For local volunteer opportunities:
www.skagitvolunteercenter.org
www.unitedwayskagit.org
- To create your own projects:
www.dosomething.org

How to be a Good Volunteer

- A good volunteer has certain characteristics:

C.A.R.E.

(It's something volunteers do)



Considerate

- Be aware of yourself and others
- Follow volunteer site rules
- Be respectful of any clients
- Stay safe



Attitude

- Be positive
- Make sure you do something you enjoy



Reliable

- Be ready for work
- Show up on time and don't get distracted (no cellphones!)
- Be prepared to do whatever work needs to get done



Engaged

- Get into it and have fun!
- Take a positive attitude and a readiness to work to a cause or activity you enjoy



How to be a Good Volunteer

- Remember to CARE and you'll do great!



Varsity in Volunteerism!

