

# OSPI School Meal Programs

## Dietary Prescription for Student WITHOUT Disability

IS THIS REQUEST FOR COWS MILK SUBSTITUTION (check box): Yes  No

FOR INTERNAL INFORMATION ONLY: If yes, the local education agency must request approval from the Office of Superintendent of Public Instruction - Child Nutrition Services prior to making milk substitutions and must follow USDA regulations. Requests for milk substitutions may be signed by a parent/guardian OR recognized medical authority for students without disabilities.

### PARENT/GUARDIAN MUST COMPLETE THIS SECTION

_____ Student Name	_____ Birth Date	_____ Age	_____ Grade	_____ School
_____ Parent/Guardian Name		_____ Phone		
_____ Mailing Address		_____ City/State/Zip		
_____ Signature of Parent/Guardian		_____ Date		

### DIET ORDER - RECOGNIZED MEDICAL AUTHORITY\* MUST COMPLETE and SIGN THIS SECTION.

\*Recognized Medical Authority: State licensed health care professional authorized to write medical prescriptions under State law

1. What is the student's special dietary need?
2. List all food(s) to be omitted:
3. List all food(s) to be substituted:
4. List any foods that require texture modification and describe how to prepare (chop, grind fine, puree, etc.):
5. Describe any other comments about the student's eating or feeding patterns:

_____ Signature of Recognized Medical Authority	_____ Date	_____ E-mail	_____ Phone
_____ Printed Name of Recognized Medical Authority		_____ Address	

# OSPI School Meal Programs

## Dietary Prescription for Student WITH Disability

### PARENT/GUARDIAN MUST COMPLETE THIS SECTION

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Birth Date

\_\_\_\_\_  
Age

\_\_\_\_\_  
Grade

\_\_\_\_\_  
School

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

### DIET ORDER – RECOGNIZED MEDICAL AUTHORITY\* MUST COMPLETE and SIGN THIS SECTION.

\*Recognized Medical Authority: State licensed health care professional authorized to write medical prescriptions under State law

1. List student's disability: \_\_\_\_\_  
(Include life-threatening allergies which cause an immune system response to a particular food/ingredient/additive.)

2. What is the major life activity(s) affected?

3. Describe how the disability restricts student's diet:

4. List all food(s) and/or milk to be omitted:

5. List all food(s) and/or milk to be substituted:

6. List any foods that require texture modification and describe how to prepare (chop, grind fine, puree, etc.):

7. Describe any other comments about the student's eating or feeding patterns:

\_\_\_\_\_  
Signature of Recognized Medical Authority

\_\_\_\_\_  
Date

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Printed Name of Recognized Medical Authority

\_\_\_\_\_  
Address