

Burlington – Edison High School Lunch Menu

September 2017

Note: Menu items made with whole grains are indicated in brown bolded type (V) = Vegetarian option (HH) = Heart Healthy Choices
A full student lunch includes choice of entrée, vegetable, fruits, and milk. Daily milk choice includes low-fat white milk & non - fat chocolate milk.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<p>TIGER DEN DAILY SPECIAL</p> <p>Favorite Comfort Foods & International Flavors Served Your Way</p>	<p>Pasta Italiano</p> <p>Seasoned Broccoli</p> <p>Garlic Bread</p>	<p>Nacho Bar Featuring Seasoned Taco Meat</p> <p>Refried Beans</p> <p>Tortilla Chips</p> <p>Salsa</p> <p>Sour Cream</p> <p>Tomatoes</p>	<p>MASHED POTATO BOWL</p> <p>Chicken Nuggets</p> <p>Mashed Potatoes</p> <p>Homemade Chicken Gravy</p> <p>Savory Green Beans (HH)</p> <p>Whole Wheat Roll</p>	<p>Mandarin Chicken and Rice Bowl</p> <p>Fresh Steamed Broccoli</p> <p>Fortune Cookie</p>	<p>Made to Order Submarine Sandwich Bar</p>
<p>BURGERS</p> <p>Cheese Burgers, & Breaded Chicken Sandwiches Featured Daily</p>	<p>Chicken Burger</p> <p>Cheese Burger</p> <p>Corndog</p> <p>Spicy Chicken Burger With Oven Fries</p>	<p>Chicken Burger</p> <p>Spicy Chicken Burger</p> <p>Cheese Burger</p> <p>Corndog</p> <p>Ham & Swiss Cheese on Ciabatta</p> <p>Oven French Fries</p>	<p>Chicken Burger</p> <p>Spicy Chicken Burger</p> <p>Cheese Burger</p> <p>Corndog</p>	<p>Chicken Burger</p> <p>Spicy Chicken Burger</p> <p>Cheese Burger</p> <p>Corndog</p> <p>Tomato Soup & Grilled Cheese Sandwich</p>	<p>Chicken Burger</p> <p>Spicy Chicken Burger</p> <p>Cheese Burger</p> <p>Corndog</p> <p>Fish Sandwich on a Bun</p>
<p>Eatsa Pizza</p> <p>Classic Cheese Pizza (V) Baked Daily</p>	<p>South Western Pizza</p> <p>Hawaiian Pizza</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Meat Lovers Pizza</p>	<p>South Western Pizza</p> <p>Hawaiian Pizza</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Meat Lovers Pizza</p>	<p>South Western Pizza</p> <p>Hawaiian Pizza</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Meat Lovers Pizza</p>	<p>South Western Pizza</p> <p>Hawaiian Pizza</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Meat Lovers Pizza</p>	<p>South Western Pizza</p> <p>Hawaiian Pizza</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Meat Lovers Pizza</p>
<p>Sandwich & Deli</p> <p>Cold Sandwiches Made Fresh Your Way</p> <p>Available: Tortilla Wraps, Rolls, and WW Bread, Turkey, Ham, Tuna Salad, Chicken, Hummus (V) American Cheese, Lettuce, Tomato</p>	<p>Turkey & Ham Sandwiches (Deli & Grab & Go)</p> <p>Chef Salad</p> <p>Bagel, Cheese Stick & Yogurt Meal</p>	<p>Turkey & Ham Sandwiches (Deli & Grab & Go)</p> <p>Chicken Caesar Salad</p> <p>Bagel, Cheese Stick & Yogurt Meal</p>	<p>Turkey & Ham Sandwiches (Deli & Grab & Go)</p> <p>Asian Chicken Salad</p> <p>Bagel, Cheese Stick & Yogurt Meal</p>	<p>Turkey & Ham Sandwiches (Deli & Grab & Go)</p> <p>Chicken Caesar Salad</p> <p>Bagel, Cheese Stick & Yogurt Meal -</p>	<p>Turkey & Ham Sandwiches (Deli & Grab & Go)</p> <p>Chef Salad</p> <p>Bagel, Cheese Stick & Yogurt Meal</p>
<p>BURRITOS</p> <p>Delicious Hot Quesadillas, Burritos and Wraps</p>	<p>Burritos and Wraps</p>	<p>Burritos and Wraps</p>	<p>Burritos and Wraps</p>	<p>Burritos and Wraps</p>	<p>Burritos and Wraps</p>
<p>SALAD BAR</p> <p>Cold Fruit & Vegetable Bar Offered Daily</p> <p>Featuring fresh seasonal produce including local items as available</p>	<p>Tossed Salad Mix</p> <p>Fresh Local Apples</p> <p>Chilled Peaches</p> <p>Tomatoes, Broccoli & Cauliflower (HH)</p>	<p>Tossed Salad Mix</p> <p>Fresh Local Apples</p> <p>Chilled Peaches</p> <p>Tomatoes, Broccoli & Cauliflower (HH)</p>	<p>Tossed Salad Mix</p> <p>Fresh Local Apples</p> <p>Chilled Peaches</p> <p>Tomatoes, Broccoli & Cauliflower (HH)</p>	<p>Tossed Salad Mix</p> <p>Pelite Banana</p> <p>Chilled Pears</p> <p>Tomatoes, Broccoli & Cauliflower</p>	<p>Tossed Salad Mix</p> <p>Fresh Pears</p> <p>Chilled Pineapples</p> <p>Tomatoes, Broccoli & Cauliflower (HH)</p>

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